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### THE SITCH

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## Ironic T-Shirt a la carte

PREP TIME COOK TIME STAND SERVES	30 MIN 3 HRS
ADD 15 MINUTES COOK TIME FOR EA	CH ADDITIONAL SHIRT

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# **PREPARING YOUR STENCIL**

STEP ONE: Print out or draw a stencil.

MAKE SURE THE STENCIL FITS WITHIN THE BOUNDARIES OF THE SCREEN!

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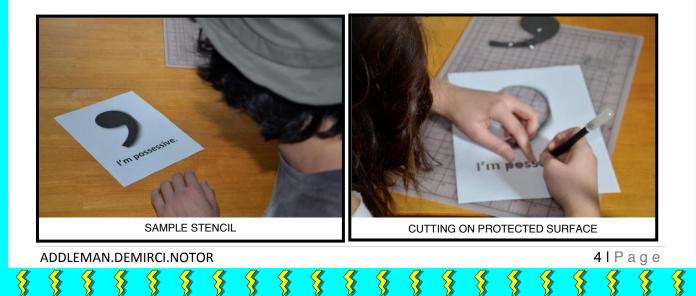
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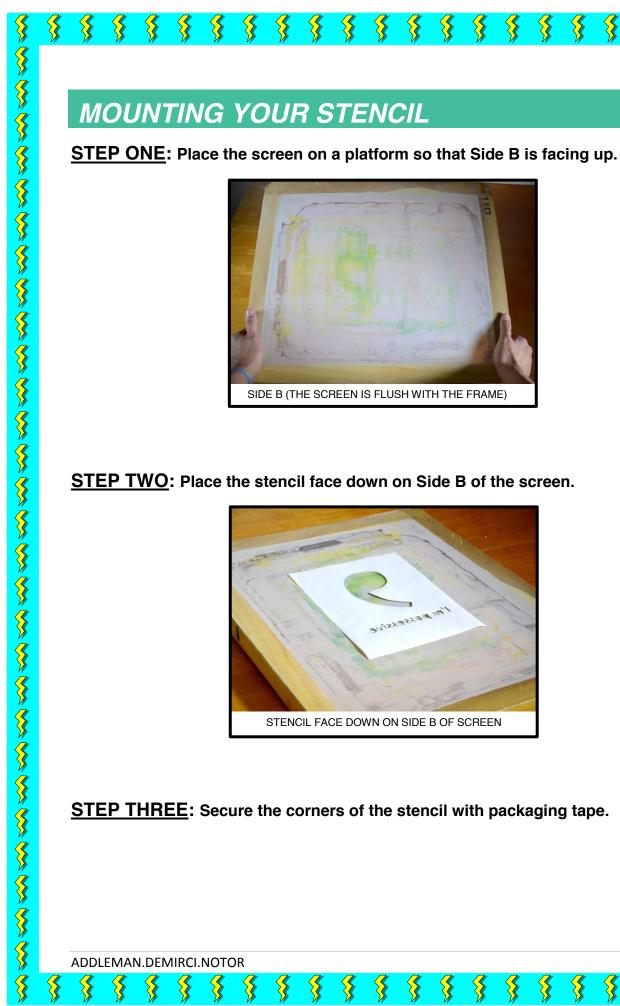
Blades are sharp. Keep away from children and use caution when cutting.

**STEP TWO**: Use the X-acto blade to cut out the portions of the design that will appear on the t-shirt.



CUT ON A PROTECTED SURFACE, SUCH AS CARDBOARD!





# SIDE B (THE SCREEN IS FLUSH WITH THE FRAME)

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### **STEP TWO:** Place the stencil face down on Side B of the screen.



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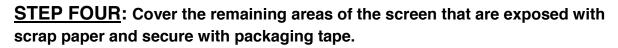
**STEP THREE**: Secure the corners of the stencil with packaging tape.

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PRINTING PAPER USED TO COVER REMAINDER OF SCREEN



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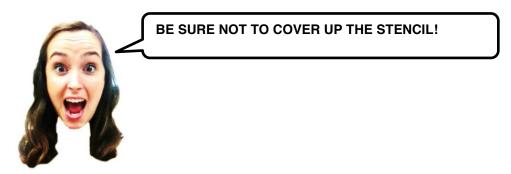
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SCREEN ONCE ALL AREAS ARE COVERED



### STEP FIVE: Flip the screen over to Side A.

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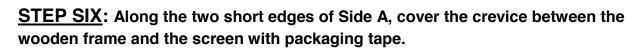
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IF DESIRED, COVER THE TABLE OR WORK SURFACE WITH **NEWSPAPER TO PREVENT DAMAGE FROM PAINT!** 

### **STEP TWO:** Place the t-shirt front-side-up on top of table.



T-SHIRT SMOOTHED OUT WITH RIGID BOARD INSIDE

STRETCH OUT THE T-SHIRT OVER THE RIGID BOARD SO NO





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SCREEN PLACEMENT WILL DETERMINE THE LOCATION OF THE DESIGN ON THE T-SHIRT, SO BE PRECISE!

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**STEP FOUR:** Use butter knife to scoop a half-inch-thick line of paint onto the packaging tape at the top of Side A just above your design.





**STEP SIX**: Pull squeegee down the screen at roughly a 30 degree angle applying moderate pressure.



**STEP SEVEN**: When you reach the bottom of the screen, use squeegee to scoop excess paint off the packaging tape. Bring excess paint back to the top.

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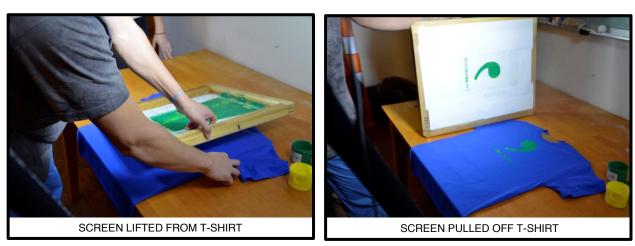


**STEP EIGHT**: Repeat steps five through seven as needed.



MAKE SURE YOU PULL PAINT ONTO YOUR ENTIRE DESIGN!

STEP NINE: Gently peel the screen off the t-shirt.



IF YOU PLAN ON PRINTING MULTIPLE SHIRTS, DO IT QUICKLY BEFORE THE PAINT ON THE SCREEN DRIES.



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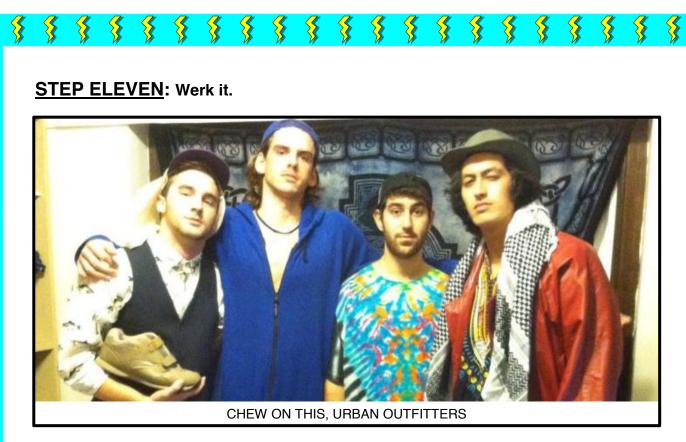
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**STEP TEN:** Hang the t-shirt to dry overnight.

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# **CLEANING UP**

**<u>STEP ONE</u>**: Remove all paper and tape from the screen.

**STEP TWO:** Scrub the screen with the scrub brush using soap and water.



SCEEN SCRUBBED WITH SOAP

STEP THREE: Clean paint off the squeegee and butter knife using water.

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